## **Itinerary**

## St Cuthbert's Way Pilgrimage

**Day 1 - Arrive in Melrose:** Arrive at your overnight accommodation in Melrose. **Shared dinner and orientation.** 

Day 2 – Melrose to Jedburgh (19.5 miles and 1050 ft of ascent). Your walk begins in the historical town of Melrose where St. Cuthbert started his journey to Holy Island. You will climb over the saddle of the Eildon Hills, walk along the River Tweed and have the opportunity to visit the ruins of Dryburgh Abbey. Soon after leaving the River Tweed, you will work along Dere Street, the famous Roman road. The walking is relatively easy, but it is a long stretch. You will join the Borders Abbeys Way to bring you to Jedburgh for your overnight stay.

**Day 3 – Jedburgh to Kirk Yetholm** (16 miles and 1207 ft of ascent). Today, you will arrive at the highest point of the St Cuthbert's Way by reaching the summit of Wideopen Hill 368m (1207ft) after passing through the small village of Morebattle. You will then follow Bowmont Water into Kirk Yetholm where you will stay overnight.

Day 4 – Kirk Yetholm to Wooler (13 miles and 1968 ft of ascent). While this is a fairly short distance day, you will spend pretty much all of the walk in the Cheviot Hills, gaining some height gained. You will start your walk along the Pennine Way before joining St Cuthbert's Way to the left. After you cross the border into Northumberland there will be an opportunity to visit the Hethpool waterfalls. As you walk, watch for the feral goats, who wander the Cheviot Hills. The walk meanders through some of the most scenic, high fell country before dropping down to Wooler for tonight's accommodation.

Day 5 – Wooler to West Mains (13 miles and minimal ascent). Today's walk is steady along paths, tracks and some roads. You cross Weetwood Moor and have the opportunity to visit St. Cuthbert's Cave, where it is believed that the monks, fleeing from the Viking raids on Lindisfarne, took shelter. Soon after the Cave, you join up with the St. Oswald's Way to travel north through Shiellow Wood to Fenwick and on to your accommodation in West Mains.

**Day 6 - West Mains to Holy Island** (7.5 miles and minimal ascent). Following the Pilgrim's Way today, you cross the tidal causeway to Holy Island. You will need to back track to Fenwick to pick up the St. Oswald & St. Cuthbert's Way for the official route. Please check locally as to the safe times to cross to Holy Island. You can stay on Holy Island or visit for the day, subject to the tides. **Shared dinner and debrief this evening.** 

Day 7 – Holy Island to Berwick upon Tweed (11.5 miles and minimal ascent). Your final day is mainly road walking but, by picking up the Northumberland Coast Path, you can follow the coastline and visit Goswick and Cheswick Sands. Look out for the Skerrs, exposed sections of limestone sticking out into the sea. Your arrival in Berwick upon Tweed is the end of your trip unless you have booked an extra night's accommodation.