

Via Di Francesco

Stage Details/Dates/Registration

- **Key:** **T** = easier walking; **E** = regular hiker; **EE** = experienced hiker
 - **Distance:** ~190 km (118 miles/96 miles stage to stage)
 - **Note:**
 - 24hr Advance Notice is required for any stage (day) for which you will require transportation
 - To receive your official Via di Francesco certificate, you must walk 100km; allowing you to decide in advance if you would like to travel by taxi on specific stages.
 - Pay attention to Stage 2 and Stage 3 details
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September 12, 2027 - Florence: Kick-off dinner

September 13 - Explore Florence in the AM. PM Coach Transfer to La Verna and check-in @ the monastery and dinner as a group

September 14 - La Verna: Exploration of the Monastery @ LaVerna - the site of St Francis' receiving of the stigmata. Time to explore the surroundings and dinner as a group

September 15th - Stage 1 – La Verna to Pieve Santo Stefano (14.9 km; 9.26 mi)

- Forested, moderate start
 -  Forest trails, gentle descent later
 - Quiet start through the Casentino woods
 - Feel: A soft opening day. Mostly shaded and peaceful. Good “warm-up.”
- Elevation gain: +457 m +1,499 ft
 - Elevation loss: –1,180 m –3,871 ft
 - Duration: 5 hours
 - Difficulty: E

September 16th - Stage 2 – Pieve Santo Stefano to Rifugio Pian della Capanna (Montagna area) (17.56 km; 10.91 mi)

- Steady uphill through forest
 - What it's like:
 - You leave Pieve Santo Stefano and begin a long, gradual climb into the Apennines range.
 - Shaded and quiet, but it just keeps going up.
- Elevation gain: +985 m+3,232 ft
 - Elevation loss: –387 m–1,270 ft
 - Duration: 6 hours
 - Difficulty: EE

- **IMPORTANT:**

- This stage offers only mixed-sex dormitories
- Luggage transport will not reach the Refuge
- You will carry a small rucksack with overnight essentials and your luggage will be delivered to the following stage
- If you decide not to walk this stage, you will spend two nights in Sanspolcro (Stage 3) and will not be walking stages 2 & 3

September 17th - Stage 3 – Rifugio Pian della Capanna (Montagna locality) to Sansepolcro (17.63 km; 10.96 mi)

-  Finish the pass, then long descent
- What it's like:
 - Short climb to the Passo di Viamaggio (the high point)
 - Then a long descent into the Tiber Valley
 - First real views of Umbria/Tuscany transition
 - Finish: Arrive into Sansepolcro—a lively town with plenty of lodging and food.
- Elevation gain: +233 m+764 ft
- Elevation loss: −930 m−3,051 ft
- Duration: 6 hours
- Difficulty: EE

September 18th - Stage 4 – Sansepolcro to Citerna (12.7 km; 7.89 mi)

- Gentle hills, short day
-  Rolling hills, olive groves
- Feel: Short and scenic. A recovery day after the long push.
- Elevation gain: +300 m+984 ft
- Elevation loss: −175 m−574 ft
- Duration: 4 hours
- Difficulty: T

September 19th - Stage 5 – Citerna to Città di Castello (20 km; 12.43 mi)

- Rolling farmland
-  Woods + farmland
- Feel: Classic Umbrian countryside. Not too difficult.
- Elevation gain: +820 m+2,690 ft
- Elevation loss: −1,000 m−3,281 ft
- Duration: 7 hours
- Difficulty: E

September 20th - Stage 6 – Città di Castello to Pietralunga (29.53 km; 18.35 mi)

- One of the tougher days; remote stretches
-  Long with steady climbs
- Feel: Physically demanding but not extreme. Remote stretches—plan water.
- Elevation gain: +530 m+1,739 ft

- Elevation loss: –620 m–2,034 ft
- Duration: 10 hours
- Difficulty: EE

September 21st - Stage 7 – Pietralunga to Gubbio (26.14 km; 16.24 mi)

- Beautiful wild landscapes
- 🌲 Forest → open plains
- Feel: One of the most satisfying days—arrival into Gubbio is memorable.

- Elevation gain: +790 m+2,592 ft
- Elevation loss: –865 m–2,838 ft
- Duration: 8 hours
- Difficulty: E

September 22nd - Rest Day in Gubbio

September 23rd - Stage 8 – Gubbio to Biscina (22.3 km; 13.86 mi)

- Easier day, good recovery
- 🌄 Rolling terrain
- Feel: Transitional day. Quiet, fewer services.

- Elevation gain: +649 m+2,129 ft
- Elevation loss: –603 m–1,978 ft
- Duration: 6 hours
- Difficulty: E

September 24th - Stage 9 – Biscina to Valfabbrica (15.85 km; 9.85 mi)

- Challenging, constant ups/downs
- ☀️ Sunny, more exposed
- Feel: Easier distance, but more road walking and sun exposure.

- Elevation gain: +346 m+1,135 ft
- Elevation loss: –596 m–1,955 ft
- Duration: 5 hours
- Difficulty: E

September 25th - Stage 10 – Valfabbrica to Assisi (13.46 km; 8.36 mi)

- Final approach into Assisi
- 🌿 Vineyards, olive groves
- Feel: Emotional/ final day.
- You'll see Assisi appear gradually—then enter through medieval gates toward the basilica.

- Elevation gain: +660 m+2,165 ft
- Elevation loss: –590 m–1,936 ft
- Duration: 5 hours
- Difficulty: T

September 26th - Assisi - day of rest, exploration, & celebration dinner!

September 27th - Departure & return to the pilgrimage of daily life!

Inclusions & Pricing

Included

- 15 night / 16 day spiritual pilgrimage experience with Soul Care Seattle
- 15 nights lodging in suitable pilgrim lodging ranging from monasteries to farm stays to hotels based on accommodations offered at each stage
- Coach transfer from Florence to LaVerna
- Shared accommodations with rare exceptions for singles at some stages
- Baggage transfer (see stage two details)
- Breakfast daily, 11 packed lunches, 9 dinners
- Two celebratory group dinners (Florence & Assisi)
- Group-Night-Out in Gubbio on our rest day!
- Daily retreat material as desired
- Three team meetings (Jan 15, Mar 5, May 28)
- Optional summer group training hikes (dates tbd)
- Afternoon debrief as desired when feasible
- Spiritual care by request on the journey
- Pilgrim's Credential
- Telephone support h24 Private transfer from Firenze to La Verna
- GPX digital map
- Simple PDF guide
- Pilgrim credentials
- Annual Pilgrim Dinner

Not Included

- Transportation to Florence, from Assisi, incidental transportation
- Transportation for stages you do not walk
- Approximately five lunches and six dinners, as well as snacks, drinks, other food and beverage
- Entrance fees to attractions / events
- Gear, supplies, personal items, etc
- ETIAS
- Travel Insurance
- Medical Insurance
- Incidental hotel/tourist tax
- Assistance with personal travel plans

Pricing and Registration on the following page...

Pricing

- **\$3,825.00 per person** due in total by May 15, 2027
- \$500 per person ***non refundable*** deposit due at registration
- **Registration Closes January 5, 2027**

Registration

Opens: Oct 1, 2026 for new pilgrims, Oct 4, 2026 for returning pilgrims

New Pilgrims:

[CLICK HERE AFTER 9:00 AM OCTOBER 1, 2026](#)

Return Pilgrims:

[CLICK HERE AFTER 9:00 AM - OCTOBER 4, 2026](#)